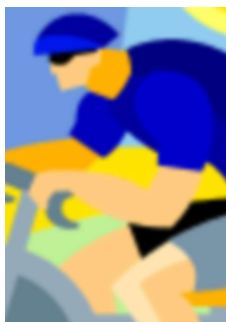


## Tuesday Night CX Race Series - Beginner/Novice September 12, 2023

### Beginner (Open)

8.56 km, 4 laps of 2.14 km, winner: 36:22 - 14.12 km/h

Pos	Bib	Name	Category	Age	Gender	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4
1	6	HAY, Cameron	Beginner	50	Men	36:22		14.12	9:12	9:03	9:08	8:59
2	11	WILKINSON, Reid	Beginner	8	Men	34:46	-1 lap	11.08	11:45	11:31	11:30	
3	7	HOSSEINPOUR, Shahob	Beginner	32	Men	34:51	-1 lap	11.06	11:31	11:48	11:31	
4	10	TAYLOR, Sydney	Beginner	15	Women	47:03	-1 lap	8.19	17:28	14:54	14:40	
5	3	GYGER, Bethany	Beginner	9	Women	33:14	-2 laps	7.73	16:22	16:52		
6	4	GYGER, Heidi	Beginner	11	Women	41:35	-2 laps	6.18	19:32	22:03		
DNF	5	GYGER, Amy	Beginner	44	Women			9.07	14:17	14:02		
DNF	9	LU, Ethan	Beginner	5	Men			6.36	20:10			
DNF	12	ZHANG, Eric	Beginner	38	Men			6.36	20:12			



# Tuesday Night CX Race Series - Beginner/Novice

## September 12, 2023

### Novice (Open)

8.56 km, 4 laps of 2.14 km, winner: 32:38 - 15.74 km/h

Pos	Bib	Name	Category	Age	Gender	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4
1	47	SUMMACH, John	Novice	48	Men	32:38		15.74	7:49	7:58	8:21	8:30
2	53	WILSON, Todd	Novice	52	Men	33:29	0'51"	15.34	8:19	8:34	8:24	8:12
3	38	SEGUIN, Luc	Novice	30	Men	33:57	1'18"	15.13	8:13	8:29	8:26	8:48
4	34	MERLIN, Bailey	Novice	14	Men	34:07	1'28"	15.06	8:15	8:37	8:45	8:30
5	28	JOHNSON, Stuart	Novice	50	Men	34:25	1'46"	14.92	8:28	8:38	8:50	8:29
6	21	FOGT, Wesley	Novice	56	Men	34:37	1'59"	14.84	8:49	8:38	8:39	8:31
7	51	WENGER, Heinz	Novice	48	Men	36:06	3'27"	14.23	8:52	9:15	9:09	8:50
8	29	LAROCQUE, Jennifer	Novice	48	Women	36:52	4'13"	13.93	9:10	9:18	9:15	9:08
9	24	GYGER, Markus	Novice	15	Men	37:07	4'29"	13.84	9:11	9:22	9:14	9:21
10	35	PENNER, Stephen	Novice	45	Men	37:13	4'34"	13.80	9:08	9:32	9:19	9:14
11	13	BAIRD, Stephen	Novice	62	Men	37:26	4'47"	13.72	9:14	9:12	9:27	9:33
12	20	FARRAR, David	Novice	52	Men	37:39	5'00"	13.64	9:32	9:33	9:10	9:23
13	19	E MCDONALD, Alex	Novice	34	Men	37:44	5'05"	13.61	9:18	9:24	9:36	9:26
14	54	WINTERS, Conrad	Novice	56	Men	38:16	5'37"	13.42	9:37	9:32	9:37	9:30
15	22	GIBSON, Jordan	Novice	32	Men	38:19	5'40"	13.41	10:16	9:31	9:41	8:50
16	39	SHANNON, Kevin	Novice	52	Men	38:44	6'06"	13.26	9:49	9:35	9:45	9:36
17	14	BRUCH, Tony	Novice	0	Men	38:47	6'08"	13.25	9:42	9:40	9:40	9:44
18	43	SHILLINGFORD, Steven	Novice	49	Men	39:33	6'54"	12.99	9:29	9:57	9:59	10:08
19	26	HENDERSON, Graham	Novice	64	Men	39:48	7'10"	12.90	9:59	9:50	9:59	10:00
20	17	CHURCH, (john) Geoff	Novice	60	Men	40:16	7'37"	12.76	9:54	10:10	10:03	10:09
21	37	SCIME, Vincent	Novice	62	Men	40:20	7'41"	12.73	10:14	10:28	9:45	9:53
22	23	GYGER, Adam	Novice	13	Men	41:19	8'40"	12.43	10:00	10:13	10:17	10:49
23	41	SHILLINGFORD, Cole	Novice	13	Men	43:40	11'02"	11.76	10:07	12:43	8:56	11:55
24	18	CRAIG, Todd	Novice	54	Men	33:16	-1 lap	11.58	11:17	10:47	11:12	
25	33	MARTIN, Tom	Novice	48	Men	34:48	-1 lap	11.07	11:43	11:35	11:30	
26	40	SHILLINGFORD, Ava	Novice	15	Women	35:37	-1 lap	10.82	11:08	12:19	12:10	
27	44	SILVERTHORN, Julia	Novice	43	Women	37:11	-1 lap	10.36	12:26	12:44	12:01	
28	30	LAWTON, Robert	Novice	49	Men	37:40	-1 lap	10.23	12:44	12:20	12:36	
29	42	SHILLINGFORD, jen	Novice	47	Women	41:26	-1 lap	9.30	13:43	13:54	13:49	
30	46	SUMMACH, Johnny	Novice	16	Men	42:43	-1 lap	9.02	12:03	11:14	19:25	
31	45	SUMMACH, Annabelle	Novice	12	Women	45:23	-1 lap	8.49	15:05	15:21	14:58	
32	48	TAYLOR, Heath	Novice	47	Men	46:09	-1 lap	8.35	17:33	14:54	13:42	
DNF	36	ROSE, Robert	Novice	72	Men			12.31	10:11	10:22	10:45	
DNF	123	WIERSMA, Alyssa	Novice	19	Women			12.53	10:24	9:55	10:26	
DNF	31	LEPP, Tim	Novice	54	Men			12.57	10:09	10:17	10:13	
DNF	32	MACDONALD, Bruce	Novice	56	Men			10.99	11:33	11:49		
DNF	25	GYGER, Paul	Novice	47	Men			9.41	13:31	13:47		
DNF	119	TOERING, Russ	Novice	52	Men			9.10	13:45	14:27		