



Kelso Cyclocross Race - Beginner/Novice - September 26th, 2023

September 26, 2023

Beginner (Open)

8.56 km, 4 laps of 2.14 km, winner: 33:09 - 15.49 km/h

Pos	Bib	Name	Category	Age	Gender	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4
1	144	KULCHYSKI, Adam	Beginner	58	Men	33:09		15.49	8:28	8:02	8:08	8:31
2	145	DERBENTSEVA, Natalia	Beginner	48	Women	35:17	2'08"	14.55	9:32	8:33	8:36	8:37
3	150	RICHARDS, Tim	Beginner	36	Men	36:31	3'22"	14.06	9:39	8:58	9:02	8:52
4	7	HOSSEINPOUR, Shahob	Beginner	32	Men	39:06	5'56"	13.14	9:00	9:49	10:31	9:45
5	154	PAVLIN, Emily	Beginner	13	Women	40:32	7'22"	12.67	11:05	9:41	9:57	9:49
6	149	CASTILLO, Valentina	Beginner	29	Women	40:49	7'39"	12.58	10:47	10:05	9:56	10:01
7	11	WILKINSON, Reid	Beginner	8	Men	31:47	-1 lap	12.12	10:51	10:31	10:25	
8	151	MACDONALD, Bonnie Jean	Beginner	54	Women	33:23	-1 lap	11.54	11:24	10:41	11:18	
9	10	TAYLOR, Sydney	Beginner	15	Women	33:55	-1 lap	11.36	12:38	10:42	10:34	
10	42	SHILLINGFORD, jen	Beginner	47	Women	34:51	-1 lap	11.05	11:43	11:42	11:25	
11	5	GYGER, Amy	Beginner	44	Women	39:07	-1 lap	9.85	15:06	11:37	12:24	
12	4	GYGER, Heidi	Beginner	11	Women	32:55	-2 laps	7.80	15:05	17:50		
13	9	LU, Ethan	Beginner	5	Men	34:44	-2 laps	7.39	17:48	16:56		
14	12	ZHANG, Eric	Beginner	38	Men	34:45	-2 laps	7.39	17:49	16:56		
DNF	1	BARLOW, Amy	Beginner	44	Women			14.07	12:33	5:42		



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Novice (Open)

8.56 km, 4 laps of 2.14 km, winner: 30:50 - 16.66 km/h

Pos	Bib	Name	Category	Age	Gender	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4
1	47	SUMMACH, John	Novice	48	Men	30:50		16.66	7:55	7:07	7:17	8:30
2	53	WILSON, Todd	Novice	52	Men	30:52	0'03"	16.64	7:20	7:25	7:50	8:18
3	38	SEGUIN, Luc	Novice	30	Men	31:05	0'16"	16.52	7:43	7:30	7:50	8:02
4	6	HAY, Cameron	Novice	50	Men	31:08	0'19"	16.50	7:42	7:47	7:58	7:41
5	128	FISHER, Nial	Novice	51	Men	31:23	0'33"	16.37	8:04	7:38	7:48	7:52
6	51	WENGER, Heinz	Novice	48	Men	31:27	0'37"	16.33	7:38	7:56	7:50	8:03
7	21	FOGT, Wesley	Novice	56	Men	31:35	0'45"	16.26	8:35	7:34	7:37	7:49
8	13	BAIRD, Stephen	Novice	62	Men	31:53	1'03"	16.11	7:59	7:48	7:50	8:16
9	50	WARNEKE, David	Novice	48	Men	32:07	1'18"	15.99	8:09	7:57	8:07	7:55
10	34	MERLIN, Bailey	Novice	14	Men	32:19	1'29"	15.89	7:26	7:51	8:33	8:29
11	20	FARRAR, David	Novice	52	Men	32:22	1'33"	15.87	7:57	7:58	8:09	8:18
12	29	LAROCQUE, Jennifer	Novice	48	Women	32:57	2'07"	15.59	8:37	8:04	7:59	8:17
13	84	WAYNE, Andrew	Novice	58	Men	33:18	2'28"	15.42	8:57	8:05	8:17	8:00
14	143	NEWBY, Paul	Novice	53	Men	33:20	2'30"	15.41	8:13	8:18	8:25	8:24
15	35	PENNER, Stephen	Novice	45	Men	33:32	2'43"	15.31	8:39	8:18	8:17	8:18
16	22	GIBSON, Jordan	Novice	32	Men	33:47	2'57"	15.21	8:55	8:24	8:20	8:08
17	24	GYGER, Markus	Novice	15	Men	34:05	3'16"	15.07	8:34	8:38	8:30	8:23
18	14	BRUCH, Tony	Novice	0	Men	34:18	3'28"	14.97	8:33	8:30	8:48	8:27
19	31	LEPP, Tim	Novice	54	Men	34:21	3'31"	14.95	8:30	8:36	8:42	8:32
20	33	MARTIN, Tom	Novice	48	Men	34:25	3'35"	14.92	8:14	8:55	8:36	8:40
21	43	SHILLINGFORD, Steven	Novice	49	Men	34:29	3'40"	14.89	8:36	8:40	8:39	8:35
22	39	SHANNON, Kevin	Novice	52	Men	35:01	4'11"	14.67	9:04	8:35	8:47	8:34
23	136	QUENNEVILLE, Steve	Novice	62	Men	35:27	4'37"	14.49	9:44	8:38	8:33	8:32
24	26	HENDERSON, Graham	Novice	64	Men	35:48	4'58"	14.35	9:03	9:04	8:54	8:47
25	17	CHURCH, (john) Geoff	Novice	60	Men	35:51	5'01"	14.33	9:24	8:46	8:48	8:53
26	141	GALE, Kerry	Novice	39	Women	36:22	5'32"	14.12	8:59	9:04	9:19	8:59
27	23	GYGER, Adam	Novice	13	Men	36:30	5'41"	14.07	8:57	9:02	9:20	9:11
28	18	CRAIG, Todd	Novice	54	Men	36:35	5'45"	14.04	9:33	9:00	9:10	8:52
29	37	SCIME, Vincent	Novice	62	Men	37:39	6'50"	13.64	9:40	9:06	9:37	9:16
30	36	ROSE, Robert	Novice	72	Men	37:49	6'59"	13.58	9:27	9:03	9:33	9:45
31	32	MACDONALD, Bruce	Novice	56	Men	39:04	8'15"	13.15	9:37	9:41	10:01	9:46
32	132	YOUNG, Erik	Novice	44	Men	39:15	8'25"	13.09	9:59	9:45	9:53	9:38
33	41	SHILLINGFORD, Cole	Novice	13	Men	39:49	9'00"	12.90	9:30	10:00	10:20	9:59
34	123	WIERSMA, Alyssa	Novice	19	Women	40:24	9'34"	12.71	9:13	10:24	10:24	10:24
35	40	SHILLINGFORD, Ava	Novice	15	Women	31:30	-1 lap	12.23	10:35	10:35	10:20	
36	52	WILKINSON, Sarah	Novice	43	Women	31:50	-1 lap	12.10	10:55	10:29	10:26	
37	44	SILVERTHORN, Julia	Novice	43	Women	31:59	-1 lap	12.04	10:57	10:28	10:34	
38	49	VAN ROOSENDAAL, William	Novice	65	Men	32:04	-1 lap	12.01	11:02	10:25	10:36	
39	15	BURKE, Jeff	Novice	50	Men	32:56	-1 lap	11.70	10:50	11:04	11:02	
40	30	LAWTON, Robert	Novice	49	Men	34:02	-1 lap	11.32	11:00	11:31	11:31	
41	119	TOERING, Russ	Novice	52	Men	37:15	-1 lap	10.34	12:42	12:29	12:04	
42	45	SUMMACH, Annabelle	Novice	12	Women	39:26	-1 lap	9.77	13:09	13:09	13:09	
43	54	WINTERS, Conrad	Novice	56	Men	31:03	-2 laps	8.27	22:01	9:02		
DNF	129	SAVOIE, Serge	Novice	53	Men			9.39	13:40			