

# Hilton Falls Trails

Hilton Falls has 33.5 kilometres of colour-coded trails consisting of a series of overlapping loops. Trail intersections are marked with letters for easy reference and interpretive viewing areas have been built at the falls. The multi-use trails are available for hiking, cross-country skiing and biking. All trail distances are measured from the start of trails except for the biking trails.

## Hike/Bike, Cross-Country Ski and Horseback Riding Trails

		Hike	Ski
Hilton Falls Trail	4 km	1.25 hrs	1 hr
Red Oak Trail	3 km	45 min	30 min
Beaver Dam Trail	9.5 km	2.5 hrs	2 hrs
Bruce Trail	725 km		

## Biking Trails Helmets recommended

Bent Rim Cycling Trails			
Advanced	5 km	1.5-2 hrs	
Single Track Mountain Bike Trails			
Intermediate	7 km	1-1.5 hrs	
Wandering Lynx Backcountry Trail System			
Intermediate	6.5 km	1-1.5 hrs	

### Conservation Trail Ethics

Trails are routed to protect neighbouring environmentally sensitive areas. Trail routes are selected to mitigate damage to animal and plant species.

Please stay on trails and do not cut new trails.

The cliffs of the Niagara Escarpment can be hazardous and quite slippery when wet. Please be careful when hiking the trails at Hilton Falls.

